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The Addiction Treatment Planner: Includes DSM-5 Updates



Synopsis

The bestselling treatment planning system for mental health professionals The Addiction Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 43 behaviorally based presenting problems, including substance use, eating disorders, schizoid traits, and others Over 1,000 prewritten treatment goals, objectives, and interventions plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

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Customer Reviews

As both an instructor and a life-long student of the field of psychology, I tend to be rather skeptical of books that are supposed to revolutionize or economize the treatment planning for mental health patients. However, I was rather taken aback by the quality of 5th edition Practice Planners by Wiley publishing. Actually, I had not previously looked at this series and now I'm glad that I have. I have looked at three in the series, child psychotherapy, adolescent psychotherapy and addiction treatment. The point of each is to provide the practitioner with concise and understandings of various disorders within each of the practice fields and then suggest long-term goals and short-term objectives. Written alongside each objective are strategies for therapeutic interventions. For

example, the common childhood disorder of ADHD includes (in both the respective texts on Childhood and Adolescent Psychotherapy) the same behavioral definitions that the counselor would be able to list for the patient. Then there are listed six long-term goals and several short-term goals. Note that the text does not claim an exhaustive list of symptoms or goals, but provides the most common types of goals. So again for each of the texts regarding the issue of ADHD, an objective #5, Parents and the client demonstrate increased knowledge about ADHD and its treatment. It then immediately lists five treatment efforts to obtain this objective. The Addiction treatment planner is one that I need to spend more time reviewing since addiction is not one of my specialty interests, but to my surprise it goes far beyond the usual choices such as gambling and drugs. It provides treatment planning issues for a host of mental health disorders including personality disorders and adult-ADHD.

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